

## **Examples of circumstances of why a child is placed on the thinking chair**

### **Please remember:**

A child is only to be sat on the thinking chair for a minute for each year old they are, i.e., if a child is 3 years old they will be sat down for a maximum of 3 minutes. Use the timers if necessary to help to explain to the child how long they will be sat down for, an adult will be close by.

Also, after the child's time has finished, get down to the child's level and explain clearly to the child's level of understanding, why they were sat down (what they had done). Explain why they should not display this behaviour, (unkind to friends, hurtful, etc.) use positive language to reinforce good behaviour e.g. at nursery we share our toys.

### **Examples of some reasons below**

- ~ If a child uses bad language again.
- ~ If a child throws food again.
- ~ If a child hurts another child again.
- ~ Hurting another child may include (hurtful and unkind words, kicking, hitting, biting, pushing, etc...)
- ~ If a child is throwing a toy/ equipment/ another child's belongings
- ~ If a child hurts a member of staff or child again.
- ~ Damaging equipment
- ~ All staff must first reason and explain to children at their level of understanding, before placing the child on a thinking chair. A member of the team must stay near the child on the think chair.

Staff, please use your discretion, the circumstances depend on the age of the child, how long they have attended nursery, their knowledge and understanding on how to behave and their knowledge of what is right and wrong.

Please see Behaviour policy for recurring behaviour issues and speak to the inclusion coordinator.

Reviewed by Miss Sandhya Nov 21